

2026 Weekly Plan / Daily Schedule

令和7年度 週の計画・日課表

Regular Time Schedule A

A日課 通常日課

B schedule 40 mins class

B日課40分授業

4th period 4時間授業

13:05 Dismissal 下校

5th period 5時間授業

14:10 Dismissal 下校

6th period 6時間授業

15:00 Dismissal 下校

Time table 時刻 \ 曜日		Mon月	Tue火	Wed水	Thur木	Fri金
8:20 ~ 8:25	5	Faculty meeting		Faculty meeting		
8:25 ~ 8:40	15	Reading Time	Morning Assembly 8:20~8:35	Reading Time	Speech practice いわたっ子タイム	
8:40 ~ 8:50	10	Morning Meeting 朝の会				
8:50 ~ 9:35	45	First Period 第1時				
9:35 ~ 9:45	10	10 mins Recess Time 10分放課				
9:45 ~ 10:30	45	Second Period 第2時				
10:30 ~ 10:50	20	20 mins Recess time (10:45 bell) 20分放課(10:45予鈴)				
10:50 ~ 11:35	45	Third Period 第3時				
11:35 ~ 11:45	10	10 mins Recess Time 10分放課				
11:45 ~ 12:30	45	Fourth Period 第4時				
12:30 ~ 13:20	50	School Lunch 給食				
13:20 ~ 13:25	5	Preparation・Moving 準備・移動		Noon 20 Mins (13:35 bell)	Preparation ・Moving	
13:25 ~ 13:40	15	Cleaning そうじ			Cleaning	
13:40 ~ 14:00	20	Noon time 20 mins Recess Time 昼 20分放課(13:55予鈴)		13:40	Noon 20 mins (13:55 bell)	
14:00 ~ 14:45	45	Fifth Period 第5時		5th period 14:25	5th period 第5時	
14:45 ~ 14:55	10	10 mins Recess Time 10分放課		Meeting before 14:40	10 mins recess	
14:55 ~ 15:40	45	Sixth Period 第6時		Club 15:25	6th period 第6時	
15:40 ~ 15:50	10	Class meeting before dismissal の会 帰り		Student meeting All grade level Dismissal	meeting before dismissal	
		Grade level dismissal 学年下校 5th period 15:05 (5限) 6th period 16:00 (6限)		15:35 一斉下校(6限無) Music Greetings14:5 5	Dismissal 15:05 16:00	

Reading Time 読書の時間	15
Morning meeting 朝の会 (翌日の連絡も済ませる等の工夫を)	10
8:50 } 1st period 9:30 第1時	40
9:30~9:40	10
9:40 } 2nd period 10:20 第2時	40
10:20~10:30	10
10:30 } 3rd period 11:10 第3時	40
11:10~11:20	10
11:20 } 4th period 12:00 第4時	40
12:00 } Lunch 12:45 給食	45
} Cleaning 13:00 そうじ	15
} Recess 13:10 ほうか	10
13:10 ~ 13:50 5th period 第5時	40
} Recess ほうか	10
14:00 ~ 14:40 6th period 第6時	40
~14:50 Meeting before dismissal	10
Grade level dismissal 学年下校 14:10(5限) 5th period 15:00(6限) 6th period	