令和4年9月号

# lwata Elem. PTA Communication

発行:岩田小学校PTA役員会

No. 3

### Disaster Drill 2022年9月4日(日)

Iwata Precinct Disaster Prevention. Amidst concerns about the spread of the novel corona virus, the school, resident's association, disaster prevention association, and PTA will conduct disinfection, temperature measurement, and interviews at the reception desk to prevent the spread of novel coronavirus. It will be held surely! We were able to hold the event without any major problems. Thank you very much to all the staff who cooperated.







Morning assembly and disaster drill briefing







Fire extinguisher training Can you successfully put out the fire with fire extinguisher for the first



AED Cardiac arrest massage Learn how to use an AED and save lives!



Sale of sweet potatoes, takoyaki, fried chicken, shave ice and juice in the kitchen car.



Disaster map display The tsunami danger

Bōsaiman Z has arrived! Yellow is fighting another enemy!





First Aid Injured left arm! Fix it like this and..it's done!



Disaster toilet Aggregation experiment was performed.



Experience earthquake A seismic intensity of 7 is dangerous!!

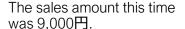


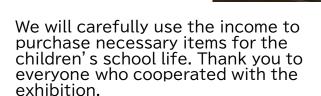
Newspaper slippers Easy to make with newspaper.





Sale of Recycled **School Supplies** 







### Voices from Participants

- I'm glad that we were able to hold the event while taking measures against the number of people infected with the corona virus.
- It was great that the children were able to have various experiences.
- I would like to make use of this experience and have a thorough discussion with my family about how to deal with disasters.
- I regret that I should have done a stamp rally, and I want to go with my daughter next year.
- I think that planning for disaster prevention training (firefighting) plus first aid training (medical care) will also be a learning experience. Exhibition of first-aid kits and health consultations for the elderly (blood pressure measurement, eyesight measurement, etc.)
- I would like to introduce handmade disaster prevention goods and hold workshops using things I have at home.
- I thought it would be good if there were tastings and sales of emergency food.
- · I want to know how to evacuate in apartments, buildings, department stores, etc.
- I would like to hear the stories of victims of the Great East Japan Earthquake.
- I want to know various life hacks that are useful in the event of a disaster.
- Experience the narrowness of the shelter. I want to learn consideration and understanding for people with disabilities.
- I want to know what to do to get medicine for my chronic illness when I evacuate.
   Thank you for your feedback. I would like to make use of it in next year's training.

## Introduction of New Faculty Members ☆Part 2☆

I would like to thank the new teachers who have come to Iwata Elementary School.

This year, 21 new teachers welcomed.

Name	AazIn charge	Zodiac sign	type	Fave food	Fave animal	Fave color	Hobby
Teacher Tomo Sakamoto	Grade 2-2	Aquarius	В	Ramen, pasta	Cat	Green	Café tour
Teacher. Kazuyuki Shibata	Grade 3-2	Capricorn	0	Udon	Cat	Blue	Walking
Teacher Mizutani Keiri	Grade 4-2	Capricorn	Α	Spicy foods	Yadon (pokemon)	Orange	Sauna
Teacher Rei Ohara	Grade4-3	Aquarius	0	Banana	Camel	Blue	Travel
Teacher Ayana Watanabe	Yamabiko 4	Taurus	В	Omelette rice	Monkey	Light purple	-
Teacher Suzuki Kana	Kokusai 4	Cancer	0	Tempura	Dog	Green	Watching movies
Teacher Akiho Yamada	Kokusai 5	Scorpio	0	Green soybeans	Bunny	Purple	Travel
Teacher Tomoko Kawai	Arts & Crafts	Taurus	Α	Tomato natto	Meercat	Skye blue	Board game
	Home Economics			Tuna minced w/ onion leaves			
Teacher Tomoko Sumida	Social Studies	Scorpio	В	Cheese clams	Dog	Autumn colors	Short outing on holiday
	Home Economics					(Mustard)	
	Calligraphy						
Teacher Chrisel	Counseling Interpreter	Leo	0	Sushi	Dog	Green, white	Karaoke

### Ask your Pharmacist



Q I still have the cold medicine I received before...is it okay to take it?

A No. The medicines taken from the hospital are prescribed according to the symptoms at that time, dispensed, and handed over. Stop taking at your own discretion. Syrups and powders in particular have a short shelf life and may change. Pills have a relatively long shelf life, but it's dangerous to take them without permission. Go back to the hospital and talk to your doctor.

There are also over-the-counter medicines for pain relief and fever. If you are worried about taking medicine, please consult a pharmacist. If you have a "family pharmacist", you will be able to consult 24 hours a day. Please consult a pharmacist at your pharmacy for details.

Yoshiteru Yanagisawa, Pharmacist

### Overview



uly 23 Participated in an educational dialogue meeting hosted by Hokyogumi

lug. 20 Participated in the rep. workshop hosted by City P Ren

Aug. 28 Participated in the Iwata Precinct Athletic Meet Sept. 3 Participated Children's Tomorrow Meeting hosted by Hokyogumi



舞の海と前PIA会









Pay attention to changes in physical condition at the turn of the season Common symptoms: headache, fatigue, loss of appetite, dizziness, etc.

In September and October, when the heat of the summer has subsided and you can feel the arrival of autumn...

- The balance of the autonomic nervous system tends to collapse at the turn of the season.
- There are many typhoons, and changes in atmospheric pressure become large.
- The digestive organs are tired due to summer fatigue and unbalanced meals. These are the times when poor physical condition is likely to appear.

#### Be careful of the following!

- Pay attention to the balance of meals (especially eat plenty of vegetables and protein)
- Bath as slowly as possible Go to bed early Rise early
- Be careful not to overdo TV, games, and smartphones

The new corona is still raging. Everyone, please manage your physical condition carefully.